

ASK US HOW

TO ACCESS SUBSIDISED
MEALS THROUGH YOUR
HOME CARE / NDIS
PACKAGE!

PICK UP OR DELIVERY
WED / THURS / FRI

HOW TO ORDER:

1. PLACE YOUR ORDER ON
MON / TUES / WED
2. CHOOSE DELIVERY DAY
(MUST ALLOW 2 DAYS
NOTICE)
3. PAY YOUR GAP PORTION
4. WE INVOICE THE REMAINDER
TO YOUR CARE PROVIDER
5. REPEAT!
(APPROVED HCP/NDIS REQUIRED)



ORDER
NOW
8555 1655

Shop Front Open
Mon - Thurs: 9:30am - 3pm
Friday :9:30 - 2pm

Shop 4/22 Cadell St
Goolwa

convenientchefgoolwa@gmail.com
www.convenient-chef.com.au



**Convenient
Chef**

Fresh Chef Prepared Meals, Delivered!



**Convenient
Chef**

FRESH,
CHEF PREPARED
READY MEALS

PICK UP OR
DELIVERY

8555 1655



CHICKEN DISHES

Chicken Schnitzel	14.50
Chicken Parmigiana	14.50
Apricot Chicken*	14.50
Butter Chicken	14.50
Teriyake Chicken*	14.50

BEEF DISHES

Beef Stroganoff	14.50
Beef and Red Wine*	14.50
Beef & Potato Curry	14.50
Corned Silverside*	14.50
Cottage Pie	13.50

SEAFOOD DISHES

Grilled Barramundi*	17.00
Garlic Prawns*	16.00
Salmon & veg Patties	14.50
Tuna Mornay	13.00

LAMB DISHES

Roast Lamb*	13.50
Lambs Fry & Bacon*	13.00

PORK/TURKEY DISHES

English Pork Sausages	14.50
Roast Turkey*	14.50
Roast Pork*	13.50

PASTA DISHES

Garlic Prawn Spaghetti	16.00
Spaghetti Meatballs	13.50
Spaghetti Bolognese	13.50
Beef Lasagne	13.50

VEGETARIAN

Vegetable Arancini	13.50
Vegetarian Lasagne	13.50

Soup Of The Week	\$7.50
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DELIVERY

Within Goolwa	8.00
Victor/surrounds	10.00
Other Areas	12.00

SPRING MENU 2025

Gluten-Free - *

LIGHT MEALS & SALADS

Chef Salad*	13.00
Ploughman's Lunch	13.00
Crispy Chicken Salad	13.00
Egg & Beetroot Salad*	13.00
Chicken Caesar	13.00
Spinach & Tom Quiche	8.00
Quiche Lorraine	8.00
Toasted Ham/Cheese	7.50
Croissant Ham/Cheese	7.50
Side Salad*	5.00
Mixed Veggies*	5.00
Gravy Tub*	5.00

DESSERTS

Bread & Butter Pudding	7.50
Sticky Date Pudding	7.50
Cheesecake	7.50
Lemon tart	7.50
Apple Pie	7.50
Carrot Cake	7.00
Fruit, Jelly & Custard*	7.00
Fruit, Jelly & Cream*	7.00
Custard*	5.00